

Backpacking Checklist

Day Trip (Each Person)

Backpack	Camp Chair (opt)	Compass
Whistle	Disposable Lighter	1 st Aid Kit
Small Mirror	Hat	Leatherman
Fishing Pole	Wet Wipes	Water Bottles (Be Free)
Bait & Tackle	Toilet Paper	Zip Loc Bags
Sun Screen	Sunglasses	Spot X
Rainwear	Small Flashlight	Insect Repellent
Hiking Boots	Extra Batteries	Compact Daypack
Lip Balm	Map	Prescription Meds
Camera & Batteries	Long Sleeve Shirt	Trekking Pole(s)
Cell Phone	Mole Skin	External Speaker
Extra Pair of Socks	Libation (opt)	Mosquito Net
Pack cover	Montbell Jacket	Be Free Filter

Overnight Trips (Each Person Add to Day Trip Items)

Sleeping Bag	Compact Scissors	Fast Drying Towel
Self-Inflating Mattress	Camp Shoes	Drinking Cup & Spork
Personal Clothing	Change of Clothing	Personal Health Aid
Lightweight Pants & Top	Underwear	Hike Out Shirt

Shared Items Splits between All Packers

Tent	Food Hanging Bag	Cooking Pot
Stove & Fuel	Foil Bags (Fish)	Dishes, Soap.
Grill	Food	& Pot Scrubber
3 L Gravity Be Free	Snacks	Coffee Packets
Powdered Creamer		

I am geared to pack lightweight. These are recommended items, but only you can Decide if it necessary or not.